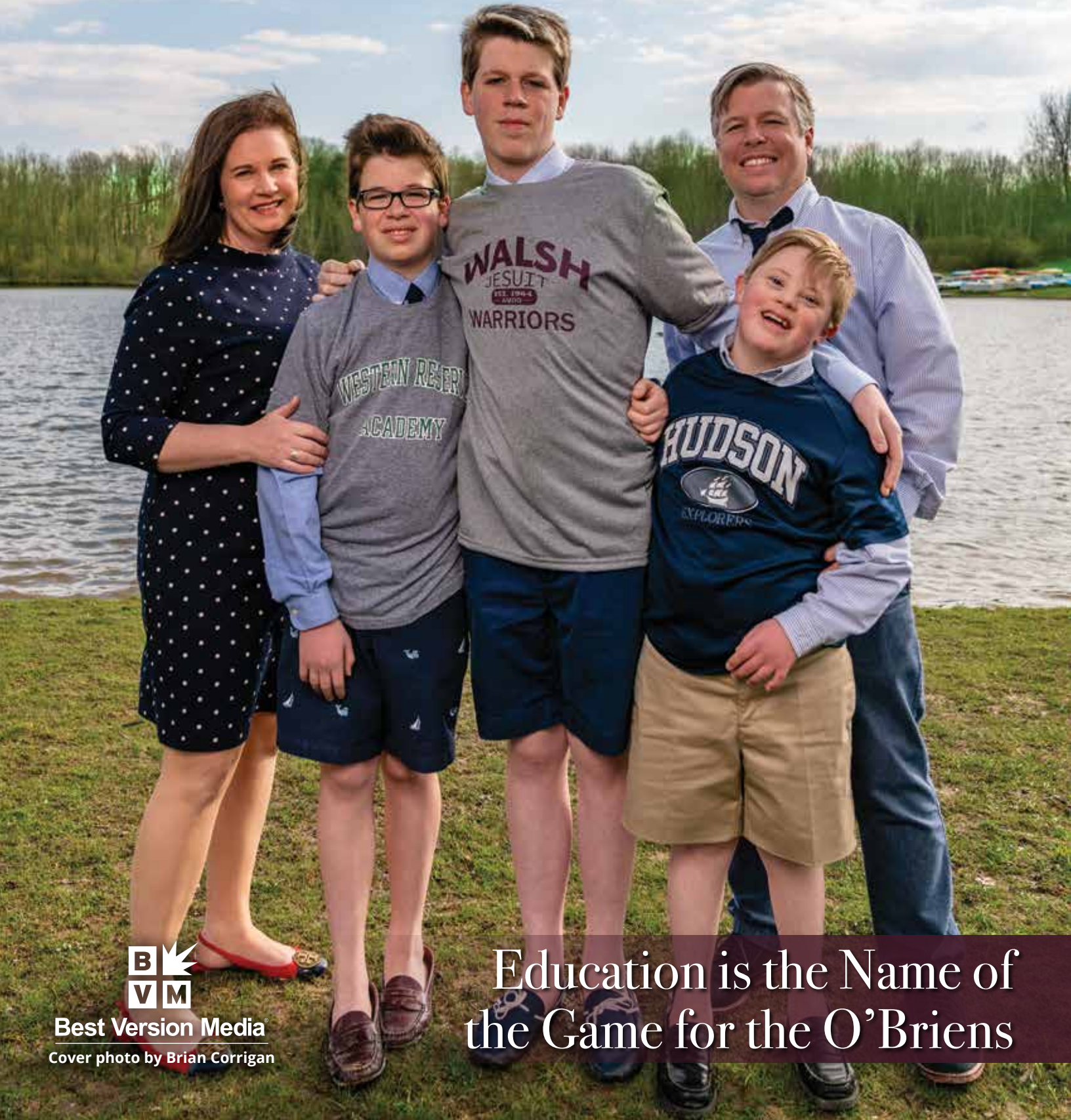


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MAY 2019



Best Version Media®

Cover photo by Brian Corrigan

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Content Due	Edition Date
December 15	January
January 15	February
February 15	March
March 15	April
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May 15	June
June 15	July
July 15	August
August 15	September
September 15	October
October 15	November
November 15	December

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Dear Residents,

As the days are warming up, the smell of fresh cut grass fills the air. Gardens are being prepared for planting, children's laughter can be heard and more neighbors are out for a daily walk. Take time to go outside and enjoy this time of year.

We remember those men and women on this upcoming Memorial Day who sacrificed their lives for us, and to our Veterans, thank you for your service to our country.

Do you have a friend or a family member you would like to feature for our cover story? Let us know. If you have a recipe you would like us to publish, please contact Melanie at mbalash@bestversionmedia.com. We are always looking for new ideas and good recipes to share with the community.



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Dana Bullock
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- May 2019

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The Stanley Family “Persevere”

By Melanie Balash, Photos by Brian Corrigan

Met the O’Brien family: Heather and Norbert O’Brien and their three boys, Norbert “Quaid” 15, William, 14, and Daniel, 11, and their two dogs, Buckley who is a ten-year-old Cocker Spaniel Poodle mix and Jack, a three-year-old Terrier Poodle mix.

Heather graduated from The King’s Academy in North Olmsted and went on to receive an Associates Degree in business from Lorain County Community College in Elyria. She later attended Kent State University and graduated with a Bachelor of Science degree in Secondary Education, Speech, English and Journalism. She currently works in the Programs Department at Western Reserve Academy.

Norbert graduated from Gilmour Academy and then attended the Indiana University, graduating with a BA Political Science and Communications. He is currently the General Manager of O’Brien Brass Company, a third-generation company started by Norbert’s grandfather. He is also Principle of Dax Pneumatics, a new venture for Norbert, who launched this company six months ago. He is also Treasurer of the Friends of Matt Dolan Committee.

Norbert and Heather met when they both worked for U.S. Senator George Voinovich in his Cleveland office. Norbert actually fixed

her up with the brother of a friend of his. They all went out as a group one night and she soon realized she liked Norbert way better than her set up!

Norbert was later promoted to Senator Voinovich’s Washington D.C. office, but Heather really missed seeing him every day at work. He was working in Washington D.C. on September 11th and was in the Hart Senate office building when the anthrax was delivered to the building. Those tragic and scary events helped solidified Norbert’s decision to come back to northeast Ohio rather than having Heather join him in Washington D.C.

Heather and Norbert were married on April 20, 2002 at the United Methodist Church in Rocky River with Father Snow of Gesu Parish in University Heights co-officiating the ceremony.

Norbert grew up on the east side of Cleveland and Heather grew up on the west side. They felt like Hudson was the perfect compromise to live and start a family, although Heather’s mother loves to still point out that they are on the east side of the Cuyahoga River!

Quaid is a sophomore at Walsh Jesuit High School. He is on the Walsh swim team. His coach, Wally Lutkis was also Norbert’s high

school swim coach when he attended Gilmour Academy. Quaid is in the chamber choir at Walsh and sings in the Walsh Jesuit Harmony Gold show choir and is just returning from competition in Los Angeles. Quaid has been an alter server at St. Mary's church for six years and runs the vacation bible school outdoor games for the past two summers and will again this summer. He is a lifeguard at Hudson East Woods and Western Reserve Academy and volunteers for Soccer 4 All which is a special needs soccer program here in Hudson which is run through Hudson United Soccer Club.

Will is in the eighth grade and attends Seton Catholic School. He plays soccer and basketball for Seton with the CYO teams and sings in the choir and ensemble. He just finished his run in "Alice In Wonderland, Jr." as the King of Hearts. Will has taken piano lessons for five years with Liz Carey, Liz is the accompanist for the Hudson Middle School Choirs and accompanies mass at St. Mary's Church in Hudson. Will has been an alter server at St. Mary's church for three years and along with Quaid he also helps run the vacation bible school outdoor games and volunteers for the Soccer 4 All team. And in the fall, Will is attending Western Reserve Academy.

Danny is a fifth grader at Hudson Public Schools. He plays in Soccer 4 All with the Hudson United program and swims with the Hudson Special Olympics swim team. He also enjoys running track with the Hudson Special Olympics track team and even went to the state meet last year in Columbus. He especially enjoys playing with and against his friends in the Challenger football and baseball games.

The love and support the O'Briens get for Danny is just one of the many reasons their breadth of love for Hudson stretches so wide.

"The physical attributes of Hudson are fantastic -- walkable downtown, multitude of trees and amazing parks, the school system -- but for me it's mostly the people who live in Hudson who make it outstanding," Heather shared.

"We witness this almost daily through Danny. We can't go out to eat, stop at the grocery or head to the library without running into someone who knows, and most often loves Danny. The kindness and acceptance of Danny for who he is, is overwhelming on a daily basis -- by both his peers and adults."



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Most recently, at the East Woods school carnival, the O'Briens were able to see this play out right in front of their eyes. A team of about seven boys got on a jump house ladder with Danny and tried to push him over the hurdle so he could enjoy the activity too -- there were also a few other kids who went ahead to offer Danny a hand on the other side as well. It was clear that these great kids were not doing a charitable act for a reward, they simply cared about Danny and wanted to include him in the fun.

Heather added, "this small act is a true testament to the students' parents and the values being taught in their homes. I also see it in the school system's program of inclusion, the work of the teachers, speech and occupational therapists and the unsung heroes that are so critical to every child's success."

And because of support and love like this, Heather makes the most of her time behind the wheel of her minivan and finds true joy in being so involved with her sons' three different schools, their many sports teams and extracurricular activities. "I wouldn't have it any other way," Heather added.

And we should add, it's a true partnership for the O'Briens.

Congratulations are in order for Norbert who recently "retired" from his ten years of coaching the kid's sports teams (baseball, basketball, flag-football and soccer) both CYO and HCER!

Do you know a neighbor who has a story to share? Nominate your neighbor to be featured in one of our upcoming issues! Contact us at mbalash@bestversionmedia.com.

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May 2019

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May 26

Concerts on the Green

@ The Gazebo on Main Street
 Rain Location: Hudson High School Auditorium
 Time: 7:00pm – 8:00pm
 Call: 330-650-0621
 www.hudsonbandstand.org

May 27

Memorial Day Parade

@ Hudson Green
 Time: 10:00am-12:00pm
 www.exploreHUDSON.com

June 1

Hudson Farmer's Market

@ The Hudson Greens
 Time: 9:00am-12:30pm
 www.hudsonfarmersmarket.org

June 2

Concerts on the Green

@ The Gazebo on Main Street
 Rain Location: Hudson High School Auditorium
 Time: 7:00pm – 8:00pm
 Call: 330-650-0621
 www.hudsonbandstand.org

June 8

Hudson Farmer's Market

@ The Hudson Greens
 Time: 9:00am-12:30pm
 www.hudsonfarmersmarket.org

June 9

Concerts on the Green

@ The Gazebo on Main Street
 Rain Location: Hudson High School Auditorium
 Time: 7:00pm – 8:00pm
 Call: 330-650-0621
 www.hudsonbandstand.org

June 13 & 14

72nd Annual Hudson Home & Garden Tour

Time: June 13, 10:00am-8:00pm
 June 14, 10:00am-5:00pm
 Cost: \$20 advance purchase; \$25 day of event
 Tickets and information available
 at www.hudsongardenclub.org

June 13 & 14


Clothesline Art Show

@ Hudson Middle School
 77 N. Oviatt Street, Hudson
 Time: June 13, 10:00am-8:00pm
 June 14, 10:00am-5:00pm
 www.hudsonsocietyofartists.com

June 14

Ice Cream Social

@ The Village Green
 Rain Location: Hudson High School Commons
 Time: 6:00pm-9:00pm
 www.hudsonleagueforservice.org



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What You Should Know About Ageless Kitchen & Bath Design

By Charles Tiber, Studio 76 Kitchens & Baths

You love your house, your neighborhood, your location but your home may not meet the needs of your future lifestyle. You could buy or build a new house. But what if you choose to stay and make changes that better suit your future needs?

An increasing number of homeowners are choosing to build their dream, while staying in the location that holds their family's memories. Many are making renovation decisions now, while keeping possible future limitations in mind. Ageless design is not just for seniors; it is thoughtful and wise to consider the future for yourself, and, if desired, for resale.

Kitchens and baths are the most common areas to be remodeled, so let us examine some simple design ideas to consider that could impact your ability to stay.

In the bathroom, switch to a kitchen-height vanity cabinet and a comfort-height toilet. Create a barrier-free or low-profile shower threshold; add strategically placed grab bars and a shower seat.

In the kitchen, choose drawers instead of doors and instead of pullout shelves. The full access and single motion nature of drawers is the most popular current option. A balance of different features is still preferred for flexibility in storage.

The design idea of a kitchen work triangle should be disrupted. Linear prep and cooking is more efficient. A large sink (think The Galley Workstation) keeps the work contained and accomplishes prep, cooking, and serving in a single location. Designing the cooking surface nearby and linear to the sink, adds to this efficiency and keeps the turning and moving to a minimum. Also, fewer slips and spills should be expected.

Minimize bending and overhead reaching by keeping the microwave at or just below counter height. Microwave drawers are a good option for this very reason. Also consider a pantry cabinet with rollout shelves and perhaps drawers at the bottom. Choose appliances that have easy-to-read controls, soften counter corners to minimize bumps and bruises, and be sure your flooring choice will not be too slick when wet.

Standard kitchen clearances are generally 42 inches. If you have the space, widen your clearances. True universal design requires much more than that, but anything extra, even an inch or two, is an improvement.

If you want to keep your home, your memories, and your lifestyle, while preparing for the next stages of life, remodel using simple ageless kitchen and bath design to meet your goals.



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Become a Ninja Warrior

By Chas Hallis

Sky Zone is known for its wall-to-wall activities that keep you hopping—whether freestyle jumping on a trampoline, playing ultimate dodgeball, jumping off and over the Parkour Blox, enjoying the character Toddler Times or burning calories during a Sky Fit workout—Sky Zone is amping up the fun. A Hudson family-owned business, Ivana, Chas and their four children, opened this trampoline park in Boston Heights over four years ago and have some innovations coming in the next couple of months.

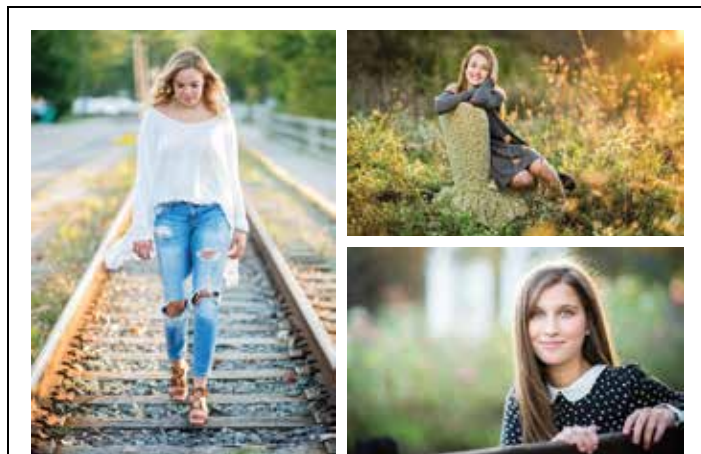
The park will have a trapeze and swing where you can fly into the foam pit. The foam zone will have aerial rings and silks so you can perform acrobatic flying. Also on tap is Augmented Reality Jumping, in which you jump on a trampoline in front of a large TV and you are immersed in the game. Making moves similar to a Mario Brothers video game, here you are actually jumping from level to level instead of your fingers just moving a controller. The 24,000-square-foot park is also adding a Ninja Warrior course as a new attraction that tests your speed, strength and agility. Sky Zone

has attractions for all ages from toddlers to seniors. If you can walk, you can jump.

Sky Zone is also known for birthday parties. There is no easier way to throw your child the easiest and best party ever! Just show up and let Sky Zone do the rest. What about other parties or events? The park has held events for school groups, corporations, graduations, after-prom and even weddings. Every other month an overnight lock-in is held for ages 10 to 16.

Need fundraising? A couple of fundraising options are available for groups of any size. Sky Zone is always looking for ways to support our local communities from the East Woods patio to baseball and gymnastic teams.

Sky Zone is located at 6217 Chittenden Road in Boston Heights (on the edge of Hudson near 303 and Route 8) and is open Tuesday through Sunday. For hours and more information, visit www.skyzone.com/bostonheights or call 234-249-3030.



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Creative ReStore Flip Event Benefitting Habitat for Humanity

By Ann Boyer, Marketing and Events Manager

This summer, use your creativity to help raise funds for Habitat for Humanity of Summit County at the ReStore Flip Event. This event is inspired by the hit HGTV show, Flea Market Flip.

What: The community is invited to come select a piece of furniture (under \$100) to upcycle/refurbish from the ReStore. After the piece has been given new life, it will be returned to the ReStore and sold to raise funds to build homes with low-income families in Summit County!

When: The finished pieces are due to ReStore by Saturday, June 8 and will be on sale in the ReStore starting Wednesday, June 12.

Why: Proceeds from these items go towards Habitat for Humanity's mission of creating a world where everyone has a decent place to live. Upcycling keeps items out of the landfill and offers them back to community at deeply discounted prices. Just last year, the ReStore helped save 75,510 pounds from landfills!

How: Join this fun event by visiting our website www.hfhsummitcounty.org, contact Anne Boyer at



anneb@hfhsummitcounty.org, or visit our ReStore at 2301 Romig Road, Akron, OH 44320 for more information.

Habitat for Humanity supporter, Elizabeth Gerard, has been a participant in previous ReStore Flips and loves to take the old and outdated and turn it into something different and modern! Elizabeth found two old chairs and a sewing machine at ReStore and immediately saw the potential to make it modern and versatile. The chairs and desk were painted with grey paint Elizabeth had left over from a previous project. She disassembled the chairs to reupholster with new fabric using fabric glue before reassembling. The sewing desk was flipped into a laptop desk. After removing the sewing machine, she painted the desk the same color matching the chairs and added a USB port to the back for convenient charging. This whole project was simple and inexpensive using left over materials on hand and no power tools!

Habitat is all about bringing our community together to advocate that everyone deserves a decent place to live. Follow us on Facebook and Instagram at [@hfhsummitcounty](https://www.facebook.com/hfhsummitcounty) to learn more about how you can make a difference in the lives of families in Summit County. Interested in volunteering? Contact Habitat at 330-745-7734 ext. 256, or email kaylac@hfhsummitcounty.org.

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LeniBug Foundation

One Local Family Honors Lost Daughter through Foundation Geared Towards Feeding Children and Providing Free Books

By Sharon Aloisi

On Wednesday, May 9, 2012 six-year-old Alena Gianna Aloisi suddenly died while at a local hospital.

Alena, a Kindergartener, left behind her twin brother Roman and parents Drew and Sharon Aloisi. Alena was a vibrant, athletic and caring child. As a tangible way of honoring Alena and helping her twin, Roman, remember her, the Aloisi family established a local 501(c)(3) charity, the LeniBug Foundation.

The foundation was named after her nickname which was "Lenibug."

Lenibug partners with the Woodridge School System. Since 2012, Lenibug has provided backpacks filled with healthy food and snacks for elementary children who are dependent on school subsidized lunches -- feeding about 100 children a week.

"We know that the Lenibug Foundation is helping other families in a positive way," the Aloisi shared. They went onto say, "according to the U.S.D.A, Ohio's food INSECURITY rate is higher than all surrounding states and the U.S. average -- after learning this, we knew what one of Lenibug's missions should be."

In addition to weekend meals, Lenibug provides food for Thanksgiving, gifts for Christmas and funds to cover sports fees. It also supports families in need whether they are dealing with a chronic illness or need help to create a safe and stable environment. The Foundation also strives to cover the costs of funeral services for children who have passed away -- a need that hits close to home for Alena's parents.

"Everybody is constantly being asked to give money to big, national organizations," Aloisi says. "What we're trying to do is to get local support and then put those donations right back into our local community. My daughter's life may have been short, but her impact on the world lives on," Aloisi shared.

Another arm of Lenibug is CAB -- Children and Books.

CAB provides new books to children in need, addressing one of the most important factors affecting literacy -- access to books. Each year CAB distributes more than 15,000 free and low-cost books to disadvantaged children and the programs that serve them.

Learn more about Lenibug, CAB, the work they are doing and how to donate by visiting Lenibugfoundation.org



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Heidi Schweighoefer to Host “North of 60”

New HCTV Programming for Seniors

By Melanie Balash

On February 8th, the First Congregational Church hosted 140 people to the free Senior Listening Luncheon, sponsored by EMS Outreach Hudson, a 501c3 established in 2010, with the help from Laurel Lake and Danbury, who supplied the chef and food.

The purpose of the lunch was to listen to Hudson seniors. What do they want? Currently, all senior services in Hudson are privately offered and Hudson does not have a Senior Center or any of the other services that surrounding cities do. One of the themes that came through loud and clear at the luncheon was the desire for communication of topics that are important to seniors and specific Hudson issues that affect seniors. The Mayor announced the formation of the Mayor’s Senior Advisory Committee at that luncheon and announced the members.

It occurred to committee member, Heidi Schweighoefer, that an easy way to start communication was to talk directly to seniors via Hudson Cable TV. The show “North of 60” was developed for that reason. As host of the show, Heidi promises to bring topics that are current and important to those over 60. She also plans to keep folks updated with the progress of the Senior Advisory Committee.

The show airs on Tuesday and Thursday nights at 5pm and content changes every two weeks.

Here are the dates of upcoming programs and guests in May and June:

Mayor Basil (Mayor’s Senior Advisory Committee) May 7, 9, 14, 16.

Chief Tabak (Elderly scams) May 21, 23, 28, 30.

Karen Elliott Alzheimer’s and Dementia (Alzheimer’s Assoc. and Leslie Knoblauch (Take Me Home) June 4, 6, 11, 13.

Each month, be sure to check the Senior Care section of Hudson Neighbors for upcoming programs for “North of 60”.



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Introducing the Butterfly Clipin

Natural, Beautiful Hair Pieces for Women

By Valerie Hennis, *Simply Swank Salon & Spa*

Just in time for bridal season, and special events such as prom, Simply Swank Salon & Spa is excited to bring on the brand new Butterfly Clipin line. Extensions are hotter than ever on the market. From sewn in, taped in, and clipped in—you name it, it's out there. The vision with a company we are about to share is quite different though. They saw a unique need in the market. Not just a look for glamour and models in their 20s, the line is specifically designed for real woman with real stories. The innovative products target those with thinning hair to make hair look fuller. The results are amazing, and easy for anyone to do quickly at home. In addition to the ease of use, the hair pieces are light weight and very natural looking. Founder of New Concepts Hair by Sthair, is Okyo Sthair. She created the Butterfly Clipin, and it is her mission, with brand partner Frank Fulco, who is known in the Hudson community, to empower women to have the look they desire despite any type of hair loss. Their philosophy is "mission first, serve others." Sthair founded New Concepts Hair by Sthair to help people with thinning hair or complete hair loss. They manufacture a variety of pieces. The Butterfly Clipin (as well as all the pieces in the line), are handmade with the finest quality hair, and will be available at Simply Swank Salon.



During the month of May and June, Simply Swank will be offering \$50 off your first Butterfly Clipin purchase. Call to set up a consultation to learn more, and swatch your color choice with one of our hair specialists.

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Placeholder for Simply
Swank - May 2019

What Makes A Puppy Food the Best?

By Nancy Secrist, Easdale: the best pet care

A beautiful Siberian Husky puppy came to board with us the other day. The owners had been coming for years with an older Lab who passed on and this pup had some mighty big paw prints to fill! They shared with us that even so young, the new pup was already having ear infections and medication. Why? The diet plays a key role in health and is often related to ear infections, profuse constant shedding and skin problems. Sure enough, his food's first three ingredients were: corn meal, meat and bone meal, and corn gluten....really not good for a growing puppy or any dog. To avoid a great many vet visits, chose your new puppy's food with care. Be aware of nutritional density, digestibility, and dollar cost per pound.

What is nutritional density? Puppy food should be made up of a balance of proteins, minerals, and vitamins to support growth and development without deficiencies and calories to burn for energy. How sad to think of a puppy sacrificing healthy growth when presented with a food that only provides part of what he or she needs. The size of a puppy's stomach is very limited providing another reason that the food must be nutritionally dense. Even with three feedings a day, cheap ingredients just take up too much space so that a puppy starves on a full belly.

What is digestibility? This is a food that is so fully utilized by your puppy for growth and energy that very little is left when digestion is finished. What this means for a puppy trying to be good is that he or she can "hold it" longer with better chance of making it outside during housebreaking training. There is far less chance of diarrhea and if this nasty occurrence occurs, it is more likely to be caused by illness or parasite rather than poor food ingredients--call your veterinarian!



What about dollar cost per pound? First, determine your price range by the pound. As a guideline, most quality foods will cost over one dollar per pound, however--there are many factors that affect price. These add to the cost of your purchase and include expensive marketing campaigns on TV or in print, end cap positioning in the store--easy to see and grab placing. If the actual food is any color other than brown, you have to wonder why dye the food? There is no dietary requirement for food dye, sugar, or chemical preservatives! My favorite pet peeve is when the brand donates a portion of the price to a pet charity--wait, your puppy has to eat poorer quality food to fund a donation?!? That makes no sense at all.

Even on a tight budget, you will find the best puppy food to be worth its price. Well nourished puppies require less food, have fewer accidents in the house, and ultimately, need fewer veterinarian visits and live longer. The so-called expensive food is much the better value!

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Center Hall Colonials

Design Challenges and Solutions

By Lindsey Putzier

Center hall Colonials make up the majority of Hudson homes, and they share some common design features that can be frustrating for modern homeowners. Here are some of the most common challenges my Hudson clients face, along with the real issues creating the challenges, and solutions to make your Colonial work for your family.

Challenge: You have oak woodwork throughout your home. You painted the walls gray. Now, your oak trim looks horrible. It's even more orange than it was before. You really didn't want to have to paint all the woodwork, but now you fear you have no other choice.

Real Issue: Cool grays do not play well with warm oak. Grays have very cool green, blue, and purple undertones. Most oaks have pink (red), orange, or yellow undertones. The cool undertones in the grays bring out the warmth of the oak, making the woodwork clash against the paint color.

Solution: To achieve an updated look, use a taupe color instead. Taupe is in between gray and beige. The warmer pink undertones in taupe complement the oak's warmer undertones. Popular taupe colors are Sherwin-Williams Popular Gray and Benjamin Moore's Pale Oak, but the specific taupe right for your home depends on the undertones in your woodwork, flooring, and other fixed elements.

Challenge: Your Colonial's kitchen was updated with brown/yellow/cream granite counters, but you still had all the original oak cabinets. It was way too dark, so you painted your cabinets bright white. The cabinets now look WAY too bright compared to the rest of the house. You fear you'll now have to replace the counters AND paint all the oak trim.

Real Issue: True white paint is too white for cream/yellow/brown granite counters and oak woodwork. Some whites even have a blue-white tint, which clashes with the yellow/orange undertones of the granite and oak.

Solution: If you're keeping the warm toned granite, choose an off-white color for your cabinets. Compared to the dark wood stain, the off-white will still look very bright, but it won't make the granite counters and oak woodwork look dingy and old. Color selection is very dependent on the other fixed elements' undertones, but some popular off-white colors are Sherwin-Williams Alabaster and Benjamin Moore's White Dove.

Challenge: No one ever goes into the formal living room. It's such a waste of a room.

The Real Issue: The formal living room doesn't have a purpose in modern society. Lifestyles have changed, and we no longer feel obligated to entertain out of a room separated from the rest of our home.



Solution: Change the purpose of that room! What have you always wished you could do in your home, but there's no space for it? The formal living room can be transformed into a spacious home office. It could also turn into a beautiful library, study room, or music room.

At Eclectic Interiors, our team members also live in center hall Colonials and understand how challenging these homes can be to update. For more advice and recommendations, feel free to reach out to us any time.



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Location, Directions, & Hours

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